

# SURVIVAL KIT for Separating Dads



*Have you...* separated from the mother of your children?

*Are you...* finding that your separation is presenting many challenges for you, as a Dad?

*If so...* this fathers-only seminar is for you!

We, at Relationships Australia, acknowledge that separation is among the toughest experiences a father will have during his lifetime. Separation can involve a range of intense feelings for fathers, as they face the challenge of staying connected with their kids.

This brand-new seminar aims to provide a supportive space to you, as a Dad, as you navigate the process of separation.

## *This seminar will:*

- acknowledge the range of experiences for fathers during family separation;
- identify strategies fathers have used to stay well in previous difficult times; and
- offer suggestions for staying well through the separation process.

*When:* Tuesday 26 June 2018

*Where:* Relationships Australia Midland – 27 The Crescent, Midland

*Time:* 6:30pm – 9:00pm      *Fee:* \$30.00 per person

Places are limited - please contact (08) 6164 0200 to register today!

For more detail about our courses and seminars, click [here](#) or visit [www.relationshipswa.org.au](http://www.relationshipswa.org.au)

## *It would be great to see you!*

