

Our canteen has a healthy eating focus and adheres to the WA Canteen Association guidelines of 'traffic light' choices, and the Health Department of WA Healthy Food & Drink Policy. Items are identified on the menu as

Green: everyday foods. **Amber:** eat occasionally. **Vegetarian**

Recess Only

RECESS IS NOT AVAILABLE MONDAYS

G Pikelets V	50c
G Popcorn V	50c
G Apple Slinky V	50c
G Milo V	\$1.00
G Thick-sliced Raisin Bread (Wednesday only) V	\$1.00
G Jelly cup with yoghurt & fruit (Wednesday only) V	\$1.50
G Cheesies (plain, garlic, tomato) (Tue, Thur, Fri only) V	\$1.50

Lunch Only

A Berri Icy-poles (Friday only)	50c
A Lite Vanilla Icecream Bucket (Friday only)	\$1.00

Ordering

Orders can be placed:

- using online ordering by setting up an account with Our Online Canteen, www.ouronlinecanteen.com.au or
- At the canteen



WINTER MENU

Opening Hours

8:15am – 1:15pm (Monday-Wednesday)

8:00am – 1:30pm (Thursday-Friday)

Canteen Manager

Stephanie Caplin

Contact

9444 3798

ask to be put through to the Canteen

Volunteers Required

Please contact the Canteen Manager

Daily Specials

Monday

A Sausage Roll / with sauce \$3.40 / \$3.80

Tuesday

A Nachos V \$5.00

A Soft Taco – beef \$5.00

G Add guacamole or light sour cream 50c each

Wednesday

G Beef curry with vegetables & pappadums \$6.00

Thursday

G Thursday Special – varies weekly \$6.00

Friday

A Pizza Single choice of \$4.00

Margarita V, Bacon & Cheese or Hawaiian

A Chicken Wedges / with sauce \$4.20 / \$4.60

A Chicken Wedges with salad / sauce \$5.50 / \$5.90

Everyday Side Salad

Side Salad (lettuce, tomato, carrot, cucumber) \$1.50

Fresh Everyday Food

G Crunchy Salad Plate V / ham or chicken \$5.00/\$6.00

G Pasta Napolitana V \$4.00

G Spaghetti Bolognaise \$5.50

G Chicken Noodle Soup with Roll - homemade \$5.00

G Hot Roast Beef Roll with gravy / half roll \$5.00 / \$3.00

G Hot Chicken Roll (mayo or gravy) / half roll \$5.00 / \$3.00

G Macaroni Cheese V \$5.50

G Pumpkin Soup with roll – homemade V \$4.50

Fresh Sandwiches add 20c for toasted & 50c for roll

A Ham \$3.00

G Ham & Cheese \$3.50

G Ham, Cheese & Tomato \$3.80

G Chicken \$3.50

G Chicken & Salad \$4.00

G Salad (lettuce, tomato, carrot, cucumber) \$3.00

G Deluxe Salad (+ cheese, celery, capsicum, onion) \$4.00

G Cheese \$3.00

G Vegemite \$2.00

G Tuna \$3.50

Drinks

G Milk plain 300ml \$2.00

G Flavoured Milk - Chocolate, Strawberry, Choc-Mint \$2.50

G Up n Go – Vanilla \$2.00

G Water \$1.00

A Popper Juice - orange, apple tropical \$2.00

Turn over for recess menu